



## Lower Your Drug Costs

To Help You Keep On taking Your Medicines

It makes sense. Take your medicine just as your doctor says, and for as long as your doctor says. But ...

Drug costs are high. Everyone knows this, but it is especially hard on those living on fixed incomes, such as Seniors.

A recent study found that 25% of Seniors reduced or stopped their medicines if they use up their yearly drug benefit 2 ½ to 6 months before the end of the year.

### Here are some hints on how to cut your drug costs.

**1. Ask your pharmacist for help.** Your pharmacist can work with your doctor to safely cut your drug costs.

**2. With your pharmacist, get the answers to these questions.**

- Can I get my medicine in generic form?
- Is there another less costly older drug in the same class that can be used as safely for my condition?
- Does my doctor have free samples that I can take?
- Does my pharmacy offer mail order, so I can get a lower cost 90-day supply of my medicine?
- Does my pharmacy offer a discount plan for Seniors?
- Does the drug manufacturer offer discounts or coupons on my medicine?
- Will my doctor prescribe a higher dosage, so I can use a pill cutter to cut the pill in half?
- Do I really need the medicine? Do NOT decide this by yourself. Check with your doctor and pharmacist.