CALIFORNIA STATE
BOARD OF PHARMACY

BE AWARE & TAKE CARE:
Talk to your pharmacist!

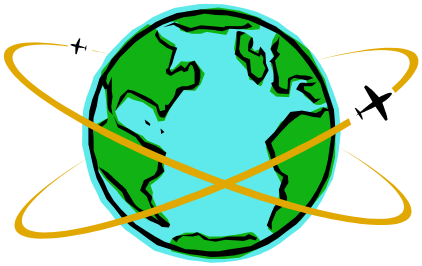
Vaccinations and Travel Outside the U.S.

If you travel outside the United States, plan ahead for vaccinations you may need to get before leaving on your trip.

The Department of Health & Human Services Centers For Disease Control and Prevention has a list of worldwide destinations and health information for each country.

See http://wwwn.cdc.gov/travel/destinationList.aspx for important information regarding vaccines and vaccine-preventable diseases.

You can also get information from professional medication organizations that provide directories of private travel clinics throughout the United States.



You should also:

- Schedule a visit to your doctor or travel medicine provider four to six weeks before your trip – most vaccines take time to become effective in your body and some vaccines must be given in a series over a period of days or weeks.

- Ask your doctor about “routine” vaccinations, “recommended” vaccinations, and “required” vaccinations – what you need depends on your destination, whether you will spend time in rural areas, the season of the year you will travel, your age, health status, and previous immunizations.

- Be aware that vaccine prices vary, and some vaccines require more than one dose. For example, Hepatitis A vaccines require 2 doses, Hepatitis B vaccines require 3 doses, and Rabies vaccines require 3 doses.

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October 2008